

SAN LUIS VALLEY BOCES  
Respiratory Illness (including COVID-19) Protocol & Mitigation  
**UPDATE March 1, 2024**

The health and safety of our staff and families is our top priority. For the 2023-24 school year, SLV BOCES will continue with in-person working four days a week and one Friday workday per month. We will continue to monitor the COVID-19 situation in our county on a regular basis and make changes where needed. SLV BOCES leadership is in constant communication with Alamosa County Public Health (ACPH), and we will adjust our plans, if needed. For the latest information on COVID-19 in Alamosa County, please visit the [Community COVID Levels](#). You can also visit the [ACPH vaccine site](#) for vaccine information. For up-to-date information on where to get tested, you can visit the ACPH site [here](#).

**SLV BOCES COVID-19 Protocols/Procedures**

**Face Coverings:**

- Masks are completely voluntary and not required in SLV BOCES.
- Harassment, shaming, or bullying of staff for wearing or for not wearing masks will not be tolerated.

**Precautions:**

- When you may have a respiratory virus stay home and away from others (including people you live with who are not sick) if you have respiratory virus symptoms that aren't better explained by another cause. These symptoms can include fever, chills, fatigue, cough, runny nose, and headache, among other.
- Avoid being near someone who has respiratory virus symptoms.
- Avoid crowded areas where you may be unable to maintain physical distance.
  
- You can go back to your normal activities when, for at least 24 hours, both are true:
  - Your symptoms are getting better overall, **and**
  - You have not had a fever (and are not using fever-reducing medication).
- When you go back to your normal activities, take added precaution over the next 5 days, such as taking additional [steps for cleaner air](#), [hygiene](#), [masks](#), [physical distancing](#), and/or [testing when you](#) will be around other people indoors.
  - Keep in mind that you may still be able to spread the virus that made you sick, even if you are feeling better. You are likely to be less contagious at this time, depending on factors like how long you were sick or how sick you were.
  
- If you develop a fever or you start to feel worse after you have gone back to normal activities, stay home and away from others again until, for at least 24 hours, both are true: your symptoms are improving overall, and you have not had a fever (and are not using fever-reducing medication). Then take added precaution for the next 5 days..

**COVID-19 Testing:**

- COVID-19 tests are available at your local drugstore, grocery store, department store.

**Visitors:**

- Visitors will continue to be allowed in the SLV BOCES.

**Additional Resources:**

<https://www.cdc.gov/respiratory-viruses/prevention/precautions-when-sick.html>